



**Look familiar?:** A scan of a photo from an old page of the *Nelson Evening Mail* of the Nelson rugby team being welcomed home after its historic Seddon Shield win of 1954. Author Karen Stade is desperate to get her hands on a better version of the photo or a similar one for a new book on the history of Nelson's Church Steps.

# Author seeking clearer photo

A photograph showing the triumphal welcome back the Nelson rugby team received after its historic Seddon Shield win of 1954 is wanted for a new book on the history of Nelson's Church Steps.

The photograph is sought for *Meet You At The Church Steps, A Social History of a Nelson Landmark*, by Karen Stade, which will be launched in September, the centennial of the official opening of the granite steps gifted to the city in 1913 by philanthropist Thomas Cawthron.

The book celebrates the central role the steps have played in Nelson's history and records and illustrates the many events that have been held on them since 1858 when the original wooden steps were built.

Karen said she was keen to hear from anyone who had an original print or copy of a photograph which appeared on page five of the *Nelson Evening Mail* of August 23, 1954.

It shows a crowd of 5000 people on Trafalgar St which surrounded the bus carrying the triumphant Seddon Shield team as it made its way up to the steps



**Author Karen Stade**

for a civic reception.

"There was absolute jubilation when Nelson finally managed to

lift the Seddon Shield from the West Coast," Karen said.

"It was the first time in 14 years Nelson had held the shield and the first time in 30 years the West Coast team had been beaten for it by any team other than Buller. The team's bus was followed into the city from Richmond by a procession of vehicles and mobbed by the crowd when it turned into Trafalgar St."

Karen said most of the photographs in the book had been sourced from the Nelson Provincial Museum and the *Nelson Mail*.

"Unfortunately this particular photograph is not in the Nelson Provincial Museum's collection and attempts to date to locate an original, or even a clear copy, have been unsuccessful. The deadline for the book is only weeks away, so time to find it are running out."

Anyone who may be able to help is asked to contact Karen on [kstade@clear.net.nz](mailto:kstade@clear.net.nz) or phone 03 546 6288.



**Breast is best:** Barbara Roberts with her five-month-old daughter Mikayla talks about the importance of breast feeding. Photo: MARION VAN DIJK

## Breast feeding support a must

By SARAH DUNN

The Big Latch On next Friday aims to dispel one of the biggest barriers to breast feeding – isolation.

Stoke mum Barbara Roberts breastfed her daughter Katelyn until she was 2½ and is currently feeding five-month-old baby Mikayla. She described her experiences with both children as a good run, but said it was important to have a community of mothers for support.

"There are those nights when you're up every two hours, and you feel like you're the only one," she said.

"I've been really lucky, lots of mums have it harder than I've had."

Barbara said problems such as colic or cracked nipples could arise when babies did not learn to attach themselves or latch on to the breast

properly. Her top tips included "ask for help" and "it gets better."

"Those first six weeks are the hardest, if you can get past that it's definitely easier," she said. "There's so much evidence out there that breast feeding is so good for babies."

The Big Latch On is a group breast feeding session co-ordinated by Women's Health Action as part of World Breastfeeding Week.

Women at the Victory Community Centre, St Thomas' church auditorium in Motueka and Wholemeal Cafe in Takaka will simultaneously breast feed their child for one minute from 10.30am onwards, when a witness will count the number of feeding pairs. The aim is to beat last year's total.

World Breastfeeding Week is now celebrated in more than 170 countries.

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